



2017 Tri Valley SC U8 Academy Program

We are proud to offer the 2017 Tri Valley Soccer Club Academy Program as it enters its 5th year of operation. The program is designed as an introductory program for players 8 years and younger. Our philosophy mandates a strong central focus on technical development that reflects the strategy of the United States Soccer Federation.

Our age-appropriate curriculum focuses on individual technical development, building confidence in young soccer players, improving cognitive development, and increasing imagination by allowing players to learn the game gradually, in a fun, exciting and competitive environment.

The TVSC Academy Program is for Girls and Boys born: 2010 through 2011

The Tri Valley SC U8 Academy Program Overview:

Academy Training Curriculum

- Two 60 minute training sessions per week, 8 weeks in the Spring and 12 weeks in the Summer / Fall (Tuesdays & Thursdays)
- Curriculum specifically designed to be consistent with the Tri Valley Soccer Club training curriculum for older age groups within TVSC.

The primary teaching focus of the Academy program will be developing a skills foundation, or mastery of the ball. In addition, the secondary teaching focus will be understanding and mastering the 1 versus 1 playing skills. By mastering this focus, it will enable players to easily transition into small group play and higher level of competition found at the competitive level. The primary developmental objective within the TVSC curriculum is to develop soccer passionate young personalities:

Tri Valley SC Academy Staff

Head Coach: TBA

The TVSC Academy Teaching Focus

- **Technical**

Teach and develop juggling, dribbling, running with the ball, 1v1 turns, 1v1 attacking moves, short passing, shooting and playing confidently with both feet.

- **Tactical**

Teach 1v1 offense and a basic understanding of roles and positions. Strategy and tactics will be based on the individual and very basic in both “we” have the ball (offense) and “they” have the ball (defense).

- **Physco-Social**

Emphasize having fun, but teaching players to have respect toward the sport, teammates, coaches, and opponents. Players will be encouraged to take chances with the ball, without the fear of making mistakes!

- **Physical**

Teach psychomotor skills and general coordination both with and without the ball and teach all necessary movements needed for technical skill development.

2017 TVSC Academy Schedule

- Spring Season: March 14th through May 11th – Spring Break Week No Training!
Tuesdays and Thursdays, 5:00 to 6:00 PM
- Fall Season: August 8th through November 2nd - No Training on Halloween
Tuesdays and Thursdays, 5:00 to 6:00 PM

Training Location: Old Ranch Park, San Ramon

2017 TVSC Game Schedule

Spring Inter Squad Playdates in a 5v5 Format

Fall District Playdates: Mustang, Walnut Creek, Dublin, Pleasanton, Lamorinda and SRFC (4-6 Playdates in the Fall Season)

Program Cost:

Registration: \$125.00

Program Fee Spring & Fall: \$1,135.00 (20 weeks of training)

Program Fee Fall: \$735.00 (12 weeks of training & playdates)

Uniform: \$100.00 Available at Soccer Pro in Dublin

Projected Participants:

Capped at 50 Players